



ADHD Pre-Testing Patient Education Letter

Our practice uses Qbtech's ADHD testing, an FDA-cleared medical device that provides objective data for diagnosing and treating ADHD for patients ages 6-60. This evidence-based testing allows us to gather more information on your symptoms to better understand your unique needs.

Three reasons testing is important:

1. Avoiding bias due to age and sex differences.
 - ADHD presents very differently, depending on one's age/sex.
 - Qbtech's test results include data from age/sex-matched normative groups to ensure better comparisons of your symptom severity.
2. Symptoms of ADHD can overlap with other disorders.
 - Qbtech's objective testing provides data to better understand if symptoms fit the presentation we expect with ADHD or not.
3. Ensuring optimal outcomes
 - Finding the right treatment takes some trial-and-error and determining treatment efficacy can be difficult.
 - Qbtech's testing allows us to measure response to treatment to ensure you are receiving optimal results in a streamlined way.

What you can expect:

- Testing involves a 15 to 20 minute, nonverbal, computer-based task.
- The task measures your attention level and impulse control.
- While taking the task, movements are measured to determine if hyperactivity is present.
- Results are compared to an age and sex matched group.
- With the information from your clinical interview and rating scale(s), your clinician will interpret results to determine if you qualify for an ADHD diagnosis.
- QbCheck is an aid to assessment, not a verdict. Your provider interprets your scores alongside your developmental history, current symptoms, rating scales, and screens for conditions that can look like ADHD — no test result alone diagnosis or rules out ADHD.
- If an ADHD diagnosis is indicated, our practice may then conduct Qbtech's testing after treatment is initiated to measure your response to treatment.

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